



The Laurel Spirit

SPRING 2022

A LAUREL HEALTH CARE COMPANY ASSOCIATE PUBLICATION

Laurel Health Care Company Is Celebrating 30 Years of The Laurel Way of Caring in 2022!



Founded in 1987 by Dennis G. Sherman and Thomas F. Franke, Laurel Health Care Company formally began operations in 1992. From its first facility in Hendersonville, North Carolina, to the opening of the corporate office in 1998 and a merger with Ciena Healthcare in 2016, LHCC has enjoyed a prosperous three decades as an industry leader. Over the past 30 years, the Laurel family of facilities has included skilled nursing and assisted living centers in five states: Ohio, Indiana, North Carolina, Virginia, and Michigan.

Through it all, a steadfast commitment to **The Laurel Way of Caring** has been our guiding light. We offer a sincere "Thank You" to countless associates, friends, business partners, community allies, and of course, our wonderful Guests and families, for the tremendous support of our company

and facilities over the years. We look forward to the next 30 years of caring as we continue to promote the highest level of independence and quality of life for our treasured Guests.

Welcome to the Laurel Family, Amy La Fleur!

Laurel Health Care Company is proud to welcome Amy La Fleur as Senior Vice President of Operations. Amy brings more than 25 years of operational experience across the Midwest to her new role.

"I am delighted to welcome an executive of Amy's caliber to our management team at The Ciena Group," Mohammad A. Qazi, President & CEO, said. "She brings a breadth of experience from across the senior living spectrum to our organization and has a proven track record of transformational leadership. Amy is well-equipped to lead our facilities into the future and to help address the challenges facing the long-term care and skilled nursing industry."



Amy La Fleur,
new Senior VP of
Operations.



We say farewell and thank you to Barb Lombardi, outgoing Senior VP of Operations (center, in green).

As we welcome Amy to her new role, we also say a fond farewell to Barb Lombardi, who retired in April after 27 years with Laurel Health Care Company. We wish Barb all the best and thank her for her many years of leadership, service, and friendship.

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Words of Thanks

Celebrating The Laurel Way of Caring

Often, Laurel Health Care Associates go above and beyond the call of duty, reaching out in the communities they serve and demonstrating The Laurel Way of Caring. Here are a few of the words of appreciation we have received.

The Laurels of Worthington



Mary Kaye Williams, a Nurse at The Laurels of Worthington, received a very special "thank you" gift on National Nurse's Day this year from Guest Rohonda Hamilton and her daughter Purdina Gerra. Mary Kaye has worked for The Laurels of Worthington since 2007. Purdina said, "Mary Kaye is one of a kind; she has always been there for my mother."

The Laurels of Chagrin Falls

"My mom was a patient there for rehab. Everything was nice, she loved the nursing staff, physical therapy and occupational therapy—nice private room, nice window views, etc. Any questions I had, Jason would respond back almost immediately."

Benita S. (via Google)



The Laurels of GreenTree Ridge

"I can't say enough about my experience at The Laurels of GreenTree Ridge. I spent 18 days in this facility for rehabilitation after major surgery. The staff treated me with respect and dignity. I actually had more strength and endurance than before I had surgery when I left the facility. I am facing another major surgery and hope that I will be placed in The Laurels again."

Caryn K. (via Google)



The Laurels of Forest Glenn

"Dear Laurel Family, I want to especially THANK YOU for your care during my stay at The Laurels. Your kindness was deeply appreciated. From the Kitchen staff, the Nursing Staff, the Therapy staff, the Maintenance staff, the staff that helped me win some bingo games, the Aides that worked so hard, and especially Mrs. Janet Wood, who truly has a caring heart. May God bless you all!"

Faith Milligan

The Laurels of Steubenville

Cheryl Miller, a Guest at The Laurels of Steubenville, wrote this poem for Lisa, a dietary aide at the building.

"Lisa"

Go past the Kitchen
You'll find Lisa there
the aroma of LOVE
fills the air

She'll get you fresh coffee
to start a fresh day
cook you something special
that's just her way

She remembers your likes
and knows your needs
even though you are one
of the many she feeds

She puts in long hours
Lisa goes out of her way
So home doesn't feel
so far away...



That's the Spirit!

Announcing our 2022 Scholarship America Recipients

Laurel Health Care Company, in partnership with Ciena Healthcare, is thrilled to announce eight recipients of scholarship awards through the 2022 Ciena-Laurel Student Scholarship Program administered by Scholarship America®. The program, now in its second year, was established by President and CEO Mohammad A. Qazi to assist the scholastic goals of the children of Ciena and Laurel Associates. It is a true privilege for our organization to annually invest in the futures of the children of our dedicated associates.

Caleb Graeber | Marshall, Michigan
Caleb is entering his first year at Ferris State University, studying nursing. He is the son of Matthew Graber from **The Laurels of Coldwater**.

Nicolas (Cole) Graeber | Marshall, Michigan
Cole is entering his fourth year of college and third semester at Western Michigan University, studying biomedical sciences. He is also the son of Matthew Graeber from **The Laurels of Coldwater**.

Amy Grummel | Monroe, Michigan
Amy is entering her third year of college at Eastern Michigan University, where she is studying elementary education. She is the daughter of Villa Grummel from **Hickory Ridge of Temperance**.

Daisy Hearn | Burgaw, North Carolina
Daisy is entering her first year at the University of North Carolina at Chapel Hill, studying media and journalism. She is the daughter of Sunshine Neely from **The Laurels of Pender**.

Mackenzie Miller* | Hicksville, Ohio
Mackenzie is entering her third year at Indiana University-Purdue University Fort Wayne, studying dental hygiene. She is the daughter of Carrie Miller from **The Laurels of DeKalb**.



Catherine Pilot* | Henrico, Virginia
Catherine is entering her second year at Virginia Polytechnic Institute and State University, studying biological sciences. She is the daughter of Martha Pilot from **The Laurels of Willow Creek**.

Garrin Salo | Escanaba, Michigan
Garrin is a graduate student at Michigan State University, where he is studying human resources and labor relations. He is the son of Lori Salo from **Christian Park Village**.

Elizabeth Taylor* | Flint, Michigan
Elizabeth is entering her third year of college and second year at Saginaw Valley State University, where she is studying medical laboratory science. She is the daughter of Rebecca Taylor from **Willowbrook Manor**.

**Indicates members of the inaugural student scholarship class who were again selected as honorees.*

Central Ohio Gala Raises Money and Awareness for Alzheimer's Disease



Laurel Health Care Company was honored to partner with its Central Ohio skilled nursing and rehabilitation centers as a sponsor of the 2022 Central Ohio Alzheimer's Association Evening of Impact Gala. The Evening of Impact Gala brought together community leaders united in the fight to #endALZ. Collectively, we hope to usher in a future without Alzheimer's and all other forms of dementia.

That's the Spirit!

Creating & Nurturing Connections: National Skilled Nursing Care Week

Each year, we celebrate our Health Care Heroes during National Skilled Nursing Care Week. The annual recognition week, sponsored by the National Center for Assisted Living (NCAL) and the American Health Care Recipients (AHCA), took place this year on May 8 - 14. The theme was "Creating and Nurturing Connections." Many of our facilities had fun events and activities planned for Guests and Associates alike.



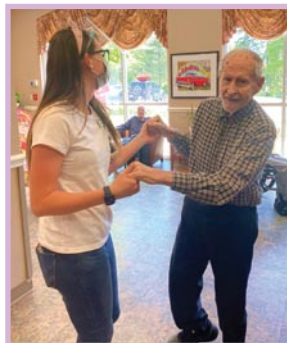
Pictured, left to right: Tara Everett, Director of Marketing; Olivia Dawson, Mayor of the Town of Burgaw; and the Director of Nursing, Michelle Woodcock.

▲ At **The Laurels of GreenTree Ridge**, everyone was seeing double on Twin Day!



▲ Groovy things were happening at **The Laurels of Hendersonville** as they celebrated the 1960s with a llovely llama visit.

At **The Laurels of Summit Ridge**, Guests and Associates went back to the 50s!



Debra Kernstine won the staff raffle for a new TV during the cookout at **The Laurels of Chatham**.



▲ **The Laurels of Massillon** celebrated with a full week's worth of activities, including Roaring 20s Day and a visit from a miniature horse.



That's the Spirit!

(National Skilled Nursing Care Week continued)



High rollers hit the slots at **The Laurels of DeKalb**, where they went all-in with their Vegas themed activities.



The Laurels of Hamilton had tons of fun at its carnival.

Mother's Day Memories at The Laurels

Mother's Day is always a special time at our facilities. Many of our Guests (and Associates) enjoyed quality time with family on Mother's Day weekend.



Mothers at **The Laurels of DeKalb** put on their best hats for a fancy Mother's Day tea.



A Guest gets some extra-special Mother's Day love at **The Laurels of Worthington**.



The Laurels of Steubenville also hosted a lovely high tea.



Guests at **The Laurels of Salisbury** enjoyed coffee and company on Mother's Day.



At **The Laurels of Massillon**, three Guests made flower arrangements for mothers at the facility.

Reflections



Every bunny got into the action at **The Laurels of Gahanna**.

Hop-Hop-Hopping Down the Bunny Trail

Guests, Associates and families love Easter at The Laurels! Many facilities celebrated with Easter Egg hunts and visits from the Easter Bunny.



At **The Laurels of Salisbury**, Social Services

Director Ashley Ruble and Activities Director Chandra Adkins created Easter baskets for local preschoolers at Partners in Learning.



Kids loved the Easter Egg hunt at **The Laurels of GreenTree Ridge**.



Guests let their true colors come through while dyeing eggs at **The Laurels of Summit Ridge**.



Guests at **The Laurels of Willow Creek** got all gussied up in their bonnets for the Easter Parade.



At **The Laurels of Norworth**, Associates got in on the fun with a staff Easter Egg hunt





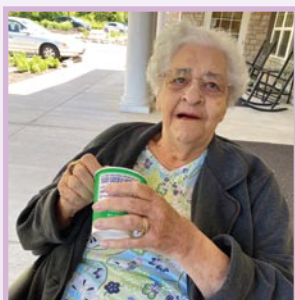
▲ **The Laurels of Steubenville** won Best Entrée and Best Display at the Jefferson County Taste of the County event. The annual competition features local restaurants and supports the United Way. The Dietary team showed off their culinary skills with roast beef with smoked gouda and slow-roasted boneless BBQ wings. Pictured: Jamie Maley, Dietary Manager, Tracie Vankirk and Kathryn Daubenmeyer, Director of Marketing.



▲ Guests at **The Laurels of Pender** enjoyed a Paint-and-Sip led by local mixed media artist Cheryl Holt. Everyone



expressed their creativity while enjoying delicious Hors de Oeuvres and non-alcoholic beverages.



▲ Mildred Collins, a Guest at **The Laurels of University Park**, celebrated her 105th birthday in March.



▲ The Kona Ice truck brought smiles to everyone's faces on a beautiful spring day at **The Laurels of Athens**.



▲ Ralph Bonner, a retired firefighter and a Guest at **The Laurels of Hendersonville**, was honored by the Mountain Home Fire Department for his years of service.

▲ Spring has sprung once again at **The Laurels of University Park**, where the facility's renowned flower beds and garden are in full bloom once again. Activity Director Catherine Blanche added the raised flower beds in 2017.



▲ Guests enjoyed a beautiful day gardening at **The Laurels of Goshen**.

Spirit News

The Laurel Way

We are a team of professionals dedicated to promoting the highest level of independence and quality of life for our Guests by creating a comfortable living environment and providing comprehensive health care services.

To accomplish this, we have a responsibility to:

- Treat everyone with dignity and respect
- Conduct ourselves with the highest level of integrity and ethical behavior
- Be uncompromising in our standards of quality of care and service
- Attract, train and retain knowledgeable, caring and compassionate individuals
- Challenge ourselves to grow as people, as professionals and as a company
- Earn a fair and reasonable profit for our stakeholders

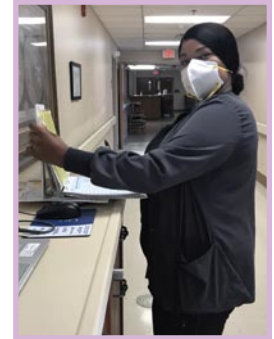
We embrace these responsibilities, with commitment and enthusiasm, in our pursuit of The Laurel Way.

The Laurels Mission Statement

Creating a legacy by exceeding the needs and expectations of those we serve, while embracing The Laurel Way.

Congrats to Hamilton's First Certified Medication Aide!

Congratulations to STNA Amber Williams of **The Laurels of Hamilton**, the first STNA at the facility to pass her medication technician course. As a Certified Medication Aide, she is now officially on the floors assisting with medication. In Ohio, STNAs must attend an eight-week training course, complete clinicals and pass a federal exam before receiving the certificate.



Hard Work Pays Off at Willow Creek



Congratulations to Ade Olumide for becoming a full-fledged Licensed Practical Nurse (LPN) in April 2022. She started as a CNA at **The Laurels of Willow Creek** in 2014. Seen in the photo are from left: Abby Grigsby, DON; Ade Olumide, LPN; DeAnna Atkins, RN-Unit Manager; Stacie Shive, Administrator.

Hamilton Nurse Set to Run Overseas Hospital

Sean Holbrook, a nurse at **The Laurels of Hamilton**, has been called by the US Department of Defense to run a hospital in the Marshall Islands. Thank you Sean, for your service and dedication to our country and the Hamilton team.



West Columbus Represents at Ms. Wheelchair Ohio Competition



The Laurels of West Columbus is celebrating one of its own, Natalie Rush, who was recently named Ms. Wheelchair Ohio Ambassador! The Ms. Wheelchair pageant shines a light on women with disabilities and provides a platform for accessibility awareness and advocacy. Congratulations to Natalie. We can't wait to see all the good you will do!